



International Physicians
for the Prevention of Nuclear War



June 7, 2011

Bernard Lown, M.D.
194 Hobart Road
Chestnut Hill, MA 02467

Dear Dr. Lown,

It is my pleasure and honor to offer you this gesture of appreciation and respect from IPPNW friends, colleagues and medical students, new and old, for the many gifts you have given us and the world.

Your life is an inspiration.

Happy Birthday!

Best wishes,

A handwritten signature in cursive script that reads 'Michael Christ'.

Michael Christ

Happy Birthday Dr. Lown



On the occasion of your 90th birthday celebration, we renew the promise to continue the struggle to confront the dangers of nuclearism and militarism, in pursuit of peace with justice and a world fit for humankind.

90th Birthday Wishes to Dr. Bernard Lown from Around the IPPNW Federation

Dear Bernard,

In 1986, we celebrated your 65th birthday together in Beijing, and in proper Chinese style you were presented on that occasion with a longevity scroll.

Those cunning Chinese knew they were on to a good thing - you have preserved your energy and ability to continue relentless attacks on unjust and amoral practices in world politics and in medicine - the profession which you have loved so dearly and to which you have contributed so greatly.

Diana joins me in sending our love and our best wishes for you to continue gracious and effective dealing with this world, one not made easy for the elderly. Keep making those steady waves of protest!

Ian Maddocks

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*Dear Bernard*

*Congratulations on your 90th Birthday, what a great day for us all. It has been wonderful over the years to have known you and to have been at several of the earlier IPPNW meetings as a member of the International Council and at the 1985 Nobel Prize presentation to benefit from your wisdom and leadership. Your visit to Australia in those early days was so important in the development of MAPW Australia and to our involvement with IPPNW and we will be forever grateful to you.*

*My very best wishes and thanks*

*John Andrews  
Member MAPW Australia*

*Dear Professor Lown,*

*Being of the same age cohort as you are (though only 89 1/2), I join with great pleasure IMPGN members to congratulate you on your 90th anniversary and the good work you have accomplished, not only in favour of nuclear abolition, that seems now to be reachable, but also in advancing cardiology. Onwards towards 100 years !*

*Prof. H. Firket, AMPGN, Belgium*

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Dear Dr Lown,

You are a renaissance physician, humanist and scientist. My role model that I can only aspire to.

May this special birthday bless you with good health and happiness and the hope that you will live to see the day the world will be free of nuclear weapons.

in peace and love,

*Michael Dworkind, MD
Past President, PGS. Canada*

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*Dear Dr. Boke Latz ak Bernard Lown:*

*Happy Birthday to you  
Happy Birthday to you  
Happy Birthday dear Bok Latz  
Happy Birthday to you.*

*You have been an inspiration to so many of us. Getting the Nobel Peace Prize in 1985 was wonderful and I have it framed on my study wall. I attended the IPPNW conference in Moscow shortly after that. I have read your focused message on eliminating Nuclear Weapons in Prescription for Survival. On behalf of us in Physicians for Global Survival aka Canadian Physicians for the Prevention of Nuclear War, I wish you a very happy 90th Birthday. Congratulations for all your work in the Peace Movement and moving us doctors to work for the elimination of nuclear weapons.*

*Sincerely,  
Richard Denton, MD  
President, Physicians for Global Survival*

*Dear Professor Lown,*

*Though I have not met you but you have inspired me tremendously by your wonderful work to make all doctors around the world come together and prevent the Nuclear War. I have read your book "Prescription for Survival". It is inspiring throughout!*

*Happy and Blessed Birthday!!! God bless you fully!!!!*

*Dr Ruku O. Bhileni,  
IPPNW-DR Congo.*

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Dear Dr. Lown,

In Arabic, this means happy birthday, wish you 100 years, Thank you for everything you did for us.

كل سنة و إنت طيب و عقبال مائة عام ... شكرا على كل حاجة عملتها لين

Best regards,

*Ahmed Saada
IPPNW Regional Vice President, Egypt and young doctor*

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*Dear Bernard,*

*Your special birthday gives opportunity not only to send heartfelt wishes for the next ten years but also to look backwards gratefully.*

*By co-founding the PSR 50 years ago and initiating IPPNW more than 30 years ago and co-founding this worldwide medical antinuclear peace movement in March 1981, you really followed your belief that those "who can see the invisible can do the impossible".*

*Those of us who participated at the IPPNW meetings and world congresses will never forget your visionary and inspiring and wise speeches. We German IPPNW doctors who had the privilege to have you as a lecturer at our congresses and concerts several times, know how much our planet owes to you.*

*You and I met in October 1981 for the first time, and there (in Ascot) you "baptized" me. From that day onwards I helped to build our German and international movement and to urge for the prevention of a nuclear war by all means. Ugly enough, for that our German and the International IPPNW became an adversary to the NATO governments and to most of the*

*political parties in the West. But not only IPPNW “overcame” ( as we always sang “ we will overcome”), but also you and I. You received many honors, and your name will not only remain in the history of CARDIOLOGY, but also in the history of PEACE and HUMANITY. And you, our German Honorary IPPNW Member, will never be forgotten among our membership.*

*Next week I will send you reprints of my birthday articles in “Deutsches Aerzteblatt” ( which 33.000 German doctors receive) and in our IPPNW-FORUM.*

*Let me end this letter with our hope to have you with us in September this year in Berlin.*

*With affection and gratitude, from Monika and yours*

*Ulli*

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Dear Bernard Lown,

Many warm greetings to you for your 90th birthday, from Cologne, Germany, where we were very happy to read your mail concerning our nuclear debate last week. We hope to have you around for your wise counsel for many more years...

Stephi and Alex Rosen, IPPNW Germany

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*Dear Bernard*

*All the colleagues from Greece wish you a happy birthday, health and happiness.*

*We want also to thank you for giving birth to this IPPNW Organisation, that unite all our dreams for a better world, and your devoted contribution all these years.*

*Maria Arvaniti Sotiropoulou  
Greece*

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Dear Prof. Lown,

I send you the best wishes for your birthday and hope you are spending a very happy day with your family and friends!

I would like to let you know how you became my greatest idol as an advocate of peace and as a doctor over the last years.

My initial motivation to study medicine was the vague idea to work in an organization like doctors without borders. To do something about the injustice in the world that I had experienced while I lived in Cameroun for 9 months.

At university I heard about IPPNW and soon got very involved in the students run "Nuclear Weapons Inheritance Project" which aims to educate the post war generation about the real danger that Nuclear Weapons still are.

When I understood that Nuclear Weapons are not only the biggest threat to mankind because of their destructive power but that their mere existence is one of the reasons why the world is so unjust I decided that the abolition of Nuclear Weapons is what I want to work for.

Unfortunately my activism has decreased since I began to work as an intern in Neurology three years ago because of the workload in the hospital.

On the other hand I become quite restless and uncomfortable if I can not do anything about IPPNWs cause for too long. Luckily political work often somehow gives me energy for my clinical work and vice versa, but I still wonder how I could do more.

Therefore your example is very important to me. It is so incredible how much you did at the same time. You always encourage me to keep trying and to be convinced that change is possible.

Yours

*Inga Blum
Hamburg, Germany*

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*Dear and Most respected Dr. Lown,*

*The Indian Doctors for Peace and Development (IDPD) wishes you best of health and many more prosperous years in life with active participation for the cause of peace and disarmament. Your contributions will be remembered for generations to come as you have given new awakening to the medical fraternity to think beyond the horizons of regular subjects of medicine.*

*You are like Gautam Buddha & Mahatma Gandhi for this world . We all in IDPD wish you many happy returns and a very long, happy and peaceful life.*

*Yours sincerely,*

*Dr. L. S. Chawla (President)  
Dr. Arun Mitra (General Secretary)*

*Dear Doctor Professor Lown,*

*Best wishes from Italy for Your 90th Birthday. That was a privilege and a fortune having you in Italy, together with prof. Eugene Chazov, while nuclear euromissiles were deployed even in my country, at the International Scientific Meeting for the Prevention of Nuclear War (Rome, march, 11, 1983). That gave even to my country the possibility to accompany and to help you in the crucial medical mission that you thought and developed to move USA and USSR to understand the urgent necessity to stop the menace of a nuclear war.*

*Let me remember one friend and colleague of You that have not the privilege to participate to Your Birthday: prof. Alberto Malliani. As Italian physicians, cofounder of the AIMPGN, Associazione Italiana Medicina per la Prevenzione della Guerra Nucleare, Italian Medical Association for the Prevention of Nuclear War, Italian Affiliate of IPPNW, we had the honor to accompany You and prof. Chazov to receive in Oslo, on Dec 10, 1985, the Peace Prized Nobel.*

*Let me tell you, after more than a quarter of century, how the AIMPGN gave its support to Your mission.*

*While You and prof. Chazov, flying to Moscow a few days after the Peace Prize Nobel, convinced Mikhail Gorbachov, with an important and intensive afternoon of talking at the Kremlin, to decide a unilateral sovietician moratorium for six months on nuclear tests, as a very concrete first step in the path that brought Gorbachov and Reagan in less than one and an half year to undersign the Intermediate Nuclear Forces Treaty, just two days after our VII World Congress in Moscow (may, 31, 1987), the Italian affiliate had helped your mission in another way, that had contributed to the decision taken one month before by Reagan and Gorbachov in Geneva, at their first Summit, on November, 7th, 1985, to accept both, as the base of their talks for nuclear disarmament, the concept of "unintentional nuclear war", for technical or human mistake.*

*Let me tell you. When I started with prof. Malliani to work in Rome, in the Italian Scientific Committee "Medicine for Peace", to spread our mission in Italy, I was both young medical officer of Italian Military Air Forces and student of the School of Hygiene and Preventive Medicine at the Italian University of Bologna. As a natural development of our duty, my university sent me, on august 1983, at the International Institute of Strategic Studies in London, to develop the thesis: "The Nuclear Military Risk in Italy: the Role of Medicine". With that academic research, at our IV Congress in Helsinki (june, 4-6, 1984), at the workshop on "Strategies for the Prevention of Nuclear War", I impressed Pavel Palathenko, giving him notices that accompanied him in his much important duty of unique interpreter between Reagan and Gorbachov in their talks.*

*Pavel participated to the workshop as interpreter of prof. Ilyin. There I showed both the concept of "unintentional nuclear war", well developed in my thesis, describing what happened on june, 6th, 1980 at the US NORAD, when the nuclear war started and finished in fifteen minutes, without any launch, for a computer's mistake, and the NATO's satellites'*

*knowledge of unesuful sovietician electronic intelligence to develop a selective nuclear strike against the american nuclear system Cruise developed in Sicily, in my country, in a nuclear possible war scenario.*

*I demonstrated that in the case of euromissiles systems, where Pershing II and SS 20 could fly on their targets in twelve minutes, mankind should not have the time that had at the NORAD on june, 6th, 1980 (fifteen minutes) to discover the technical mistake and to stop the launch.*

*After Helsinki, I met again Pavel at the Arbat Restaurant, in Moscow, at the gala dinner of our VII Congress, two days before the USA and USSR signed INF Treaty, and he remembered well our talks in Helsinki. But I needed many years more to understand better the value of our work: I met again Pavel on november 2003 in Rome, at the VII World Summit of Nobel Peace Prized Laureates, where I represented our IPPNW and he accompanied Mikhail Gorbachov, coPresident of the Summits, and I had definitely knowledge of the importance of our concrete and personal work to save mankind from the USA USSR nuclear confrontation in Europe.*

*Everything was Your merit. You (and Chazov) inspired me to help our duty. In my delicate position I needed time to understand what I did and to have courage to tell that openly to the public, as well as I did last march, 24th, 2011, in Florence, opening the multimediatric show called "Senzatomica" that AIMPGN (IPPNW Italy) helped Soka Gakkai to organize as italian development of Our new ICAN campaign wanted by Your IPPNW.*

*Dear Professor, excuse me for this long letter. That is my will to celebrate, with much esteem and affection Your Birthday, emotionally remembering one your italian Colleague and Friend, Alberto Malliani, with whom accompanied You in the Aula, in Oslo, Peace Prize.*

*Yours sincerely*

*Michele Di Paolantonio, MD  
President of AIMPGN (IPPNW Italy)*

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Dear Dr. Bernard Lown,

Congratulations on your happy 90th Birthday!

We wish you all the best for this celebratory day, and hope you to keep your health and peace activity.

*Very truly yours,
Jitsuro Yanagida, MD,
from JPPNW*

Dear Bernard,

I send warmest greetings and wishes on your ninetieth birthday. I will forever be grateful to you for your fine example of courage and faith in the ability of human beings, particularly physicians, to contest militarism and to persuade governments to move inexorably towards a peaceful world without nuclear weapons.

In peace,

Ron McCoy

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*Dear Dr Lown,*

*You are an inestimable gift to medicine and global peace.*

*Happy birthday*

*Ime A. John MD, PhD  
Co-President (2006-2010)  
Nigeria*

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Dear Dr. Lown,

A small remembrance from IPPNW Netherlands (NVMP). Jos Weerts, a former president of NVMP at the time of the Nobel Peace Prize for IPPNW, receives your book with personal inscription. In the background the then new president of the Dutch Royal Medical Society, who received your book.



In the same year (after 20 years talking to several Boards) the Dutch Royal Medical Society agreed on the illegality of nuclear weapons and their imminent danger for public health. The inspiration for this work (with Yevgeni Chazov whom I also met several times in the course of the years I have been active) has been: you, Bernard. Your life story and lifelong dedication have inspired me. Thank you and I wish you, along with the Dutch NVMP, good health and an everlasting sense of humor to go along with that. :-).



*Herman Spanjaard
Netherlands*

Dear Dr. Lown,

Honour and cheers for you on your 90th birthday on June 7, 2011 from Bjorn Hilt in Norway, the present board chair of IPPNW. You know from before that we as the current leaders of IPPNW are full of respect and humbleness for you and Chazov and the other pioneers of our organization and what you achieved during the early years of medical struggle for nuclear abolition. Please be confident that we do all that we can to continue your work to reach the vital goals once set by you to free mankind from the inhuman threat that nuclear weapons still pose on us. There are many students from all over the world with us now, but we also need the seniors like you to keep things on the right track. Thank you for what you have done and what you are.

I wish you a happy birthday and still many good years to come.

*Best from Bjorn Hilt
Norway*

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*Dear professor Lown:*

*I wish you a very happy 90th birthday, with Louise and your family by your side, but also with all of us, your second family, people like me, that have the privilege to know you.*

*I remember our visit to Toledo, the city symbol of tolerance and brotherhood and crisol of different cultures, that you admired so much, a mirror to look ourselves and our Society.*

*My dear friend, you are very lucky to be able to celebrate 90 years of life, congratulations again. I hope to see you soon to give you a very big "spanish hug".*

*All my love and gratitude to you.*

*AURORA BILBAO  
SPAIN*

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Dear Prof. Lown

On behalf of PSR / IPPNW Switzerland I would like to congratulate you to our birthday. I feel happy and am very honoured to have had the opportunity to get to know you and your wife personally in Boston some time ago, together with my Swiss friend Forat Sadry.

We all wish you and your wife stabilisation of your health problems and increasing well being for many more years and enjoyment in and with your large family. As far as our affiliate is concerned, we are decided to continue "carrying the torch" until one day the threat of nuclear weapons will be an ugly thing of the past. Your example will lead our way in this endeavour.

With cordial greetings and best wishes

*Andi Nidecker,
Board PSR/ IPPNW Switzerland*

*Claudio Knuesli
President PSR / IPPNW Switzerland*

PS: We still marvel at the fact that we were able to have you with us - although electronically - during last year's IPPNW world congress.

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*Dear Dr Lown,*

*Wish you a happy and wonderful birthday on 7th June 2011.*

*Dr.Ranjith S. Jayasekera  
Vice President  
Sri-Lanka Doctors for Peace and Development*

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"Warm greetings, and congratulations on the occasion of your 90th Birthday, with very best wishes" from Medact-UK.

Individual Medact messages and remembrances:

Dr Frank Boulton, Chair Medact, thinks back to being inspired at the 1982 IPPNW meeting in Cambridge, UK.

Dr Robin Stott sends special "best and fondest wishes"

Liz and Tony Waterston: "We remember so well your inspirational talks at our IPPNW Congresses. They set the stage for action each time We especially remember the phrase about 'leaving the detritus of the 20th century behind when we move into the 21st century' We are still working on this! We think your book gives a huge insight into the policies of the Cold War, citizen's diplomacy and the effectiveness of doctors speaking truth to power Thank you for leading us so well. Have a great birthday"

Mary Holdstock : "Douglas and I were inspired by Bernard Lown to work hard for the ideals of IPPNW and Medact. We made many international friends and always came away from

IPPNW conferences with information to pass on to others. He really makes you believe that each one can make a difference but together that difference is exponential. May he long continue to inspire us all and also enjoy his life. Happy 90th Birthday.

Dr Elisabeth McElderry : "That the people 'on the other side' are humans like ourselves was wonderfully demonstrated by Dr Lown and Dr Chazov, leading by example, and enabling us to strengthen both our personal efforts and our campaigning with many fine colleagues from around the World.

Dr Lown has articulated the IPPNW message "there are no conceivable circumstances which can ever warrant the use of genocidal weapons.....abolition constitutes a medical as well as a moral imperative, but for abolition to succeed requires trust between adversaries..." consistently to heads of state and to individuals, and in numerous presentations.

I will never forget his remarkable and very moving speech at the Koln IPPNW Congress, and in which he quoted the 1945 poem by Norman Corwin 'On a Note of Triumph':

*Measure out new liberties so none shall suffer for his
father's colour or the Credo of his choice.
Post proofs that brotherhood is not so wild a dream as
those who profit by postponing it pretend.....
that man unto his fellow man shall be a friend forever.*

He may remember that subsequently Norman Corwin gave permission for quotation in the programme for the Royal Albert Hall performance of the Beethoven Missa Solemnis tour, and the verse is still a favourite with me.

Thank you, and warmest good wishes for your 90th Birthday, Elisabeth

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*A tower of strength;*

*A leader of leaders;*

*An icon of icons;*

*Bernard Lown, the man, the myth the legend*

*Happy 90th and Happy Returns!*

*Bob Mtonga*

*IPPNW Zambia, IPPNW co-president*